

Lower Otter Valley and Ladram Bay

Distance
1 - 6
Miles

Accessibility at heart - by providing you with the appropriate information on barriers or other route characteristics, this leaflet allows you to decide on a walk that best meets your needs.

Experience the delights of the River Otter along the easy access path or walk through time along the Triassic cliffs to Ladram Bay. There is a wealth of wildlife, history and culture to be discovered, so keep your eyes open.



Footpath at Otterton Bridge (Ien Dalgleish/Natural England)



Above: Otter Mouth (Clinton Devon Estates)

Left: Ladram Bay (watercolour Peter Lightfoot)

How to get there



For public transport information use **Traveline** 0870 608 2608.



Budleigh Salterton and Otterton are well serviced by the CoastHopper 157. Part of the walk includes the Sustrans NCN 2 route, linking Otterton to Budleigh Salterton. Pay and display parking at Lime Kiln car park or Ladram Bay holiday park. Limited village parking in Otterton.

Take your first steps to a healthier way of life...

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Talking points

- 1 Otter Estuary**
This was once a busy trading point in the 15th century, Bodelie Haven, until the pebble ridge blocked the river entrance. Now saltmarsh, mudflats and grazing marsh attract a wide variety of birds to this nature reserve managed by the Pebblebed Heath Conservation Trust. www.pebblebedheaths.org.uk
- 2 Otterton**
Look out for the characteristic architecture of Mark Rolle, either signed with his initials, or buildings with rounded corbles – the structures that can be seen sticking out from under the gable ends or note the rounded edges of brickwork to farm entrances that prevent livestock getting injured.
- 3 Ladram Bay**
225 million year old sandstone, laid down when Devon was more like a desert and nearer the equator! Wonderful stack features are formed by the wave erosion eating away at weaknesses in the stone. Early rhyrachosaur dinosaurs have been found in these deposits!
- 4 Brandy Head**
Brandy Head is the site of an observation building for a missile testing range during the Second World War. The South West Coast Path is the 630 mile National Trail linking Poole to Minehead.

Route characteristics

- Level flat surface, gradients less than 1 in 12, with resting places, any gates wheelchair accessible
- More difficult terrain in none of the above categories
- Natural surface, minimum width 1 metre, varying gradients, gates on route
- Natural surface, kissing gates, no steps, no stiles
- No stiles, up to 5 steps in a flight with a handrail on both sides

Key to symbols

- Slope
- Viewpoint
- Refreshments
- Parking
- Toilets
- Pub
- Take care traffic



Visitor information

- Refreshments, pubs and shops are available in Budleigh Salterton, Otterton and seasonally in Ladram Bay holiday park.
- Two bird hides and two viewing platforms allow you to get close to wildlife in the Otter Estuary.
- Watersports hire from Ladram Bay offers another view of the World Heritage Site
- 'Ordnance Survey Explorer 115' details access information.



*Characteristic sign of Mark Rolle architecture
(Ian Dalgleish/Natural England)*

Countryside Code

- Be safe - plan ahead and follow any signs
- Leave gates and property as you find them
- Protect plants and animals, and take your litter home
- Keep dogs under close control
- Consider other people



For further details visit:
www.countrysideaccess.gov.uk

Walk this way...

This leaflet is one of a series of promoted walks in the East Devon AONB designed with accessibility in mind. More information on this and other walks is available from www.eastdevonaonb.org.uk

Contact **(01395) 224749** to try out Leisure East Devon's accompanied Healthy Walking programme or visit the Walking for Health Initiative walk finder at www.whi.org.uk

See www.devon.gov.uk/transport/public_rights_of_way for gradient information on all Rights of Way.



A perfect view of the Otter Estuary (Sarah Skinner)



Wigeon enjoy the purpose built scrapes built adjacent to the estuary (David Land)

