



This walk takes 1 to 2 hours



# 3 MUTTERS MOOR, SIDMOUTH

The tracks and paths around the heathland provide good level access for offroad bikes and walking, best enjoyed in summer for the vibrant colours and birdsong. Join the South West Coast Path at Peak Hill for stunning coastal views, although bike riding is prohibited on footpaths.

**Owned by Clinton Devon Estates** Heathland requires management, such as the removal of scrub and trees, to maintain its importance as a habitat for the abundant wildlife. In the summer, snakes or lizards maybe spotted basking in the sun whilst nightjars 'chirr' loudly in the evenings, as they come out to hunt moths.

**Steven Stones** There is believed to be a former Bronze Age stone circle on the moor. It forms part of the story of early prehistoric settlements in this area, which includes the finding of ancient tools, ritual tumuli and Iron Age hill-forts, as described by Sidmouth antiquarian Peter Orlando Hutchinson.

**National Trust** The National Trust manage the coastal woodland at Peak Hill.



## Looking for fun and healthy outdoor activities?

Our guide offers you a taster of how to make the best of our great outdoors, for all ages and for all abilities.

### TIPS FOR A GREAT, AND SAFE DAY OUT

- ▶ Plan ahead and follow signs
- ▶ Leave gates and property as you find them
- ▶ Protect plants and animals, please take your litter home
- ▶ Keep dogs under close control and on a lead around livestock
- ▶ Be considerate of other people using Rights of Way and those working the land
- ▶ Guard against all risks of fire, especially on heathland sites

### Accessibility at heart

By providing you with information on path condition or barriers, this guide allows you to decide on which parts of the following five adventure trails best meets your needs and how long you want your adventure to last. The below symbols indicate that an area is accessible for:

- Pushchair
- Bike
- Wheelchair
- Mobility scooter

- a** ●●●● Level flat surface with resting places
- b** ●●●● Natural surface, kissing gates, no steps/stiles
- c** ●●●● Natural surface, varying gradients, gate on route
- d** ●●●● No stiles, up to five steps in a flight with a hand rail
- e** ●●●● More difficult terrain

- Historic feature
- Slope
- Livestock
- Parking
- Cafe
- Traffic
- Toilets
- Pub
- Seating
- Viewpoint

### USEFUL INFORMATION

- **For all Rights of Way information** visit [devon.gov.uk/prow](http://devon.gov.uk/prow), or to report a path problem call Devon County Council 0845 1551004.
- **For full map coverage** use O.S. Maps *Explorer 115 Exmouth and Sidmouth* or *Explorer 116 Lyme Regis and Bridport*.
- **Join us on board** for the best views. For public transport information visit [transportdirect.gov.uk](http://transportdirect.gov.uk) or call Traveline 0871 200 2233.
- **If you come by car**, please drive carefully in our villages and our narrow rural roads.
- **Eat the view!** Buying local products and services helps support those businesses that keep the landscape special.